



OC Advanced Periodontics
Oral Wellness & Implant Dentistry

PRE-TREATMENT SURGERY INSTRUCTIONS

OUR PREPARATION:

We are committed to reserve ample time for your procedure while minimizing your time in the office. Should it be impossible for you to keep your appointment, rescheduling FOUR DAYS in advance will allow us to help someone else in need. THANK YOU IN ADVANCE FOR YOUR CONSIDERATION.

HOW TO HELP:

Please let us know of any change in your health or medication.

Eat a high protein meal. Hypoglycemic patients should eat two hours before surgery.

Please have prescriptions filled before your appointment.

Avoid taking aspirin (Tylenol is okay) for 1 week prior to your appointment. Aspirin can cause bleeding.

Avoid alcohol and caffeine 48 hours before surgery. They can interfere with anesthetic.

If you wear partial dentures, retainers, nightguards or other removable appliances, please bring them with you.

Please wear comfortable clothing. Layers are preferred.

Get a good night's sleep. We will too!

SPECIAL INSTRUCTIONS:

When having IV sedation, DO NOT eat or drink anything after midnight the night before your surgery.

If prescribed, take Valium as directed the night before and day of your procedure.

All diabetic patients are expected to follow their normal medications and diet unless modification has been specifically discussed with your physician.

Be sure to take all prescribed medications as usual.

1076 E. First St. Ste. F, Tustin CA. 92780 - ph. (714) 730-7877

*Dedicated to the Science of Periodontal and Oral Implant Therapy through Research,
Education and Patient Care*



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Stop all “Blood Thinner” medications three days prior to surgery and resume them the day after.

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